

Sleep Sack Pattern



Sleep sacks are useful diapering tools. It is used over an absorbent diaper to keep the baby , the bed and sleeping occupants nice and dry.

A sleep sack is a very simple and easy first-time knitting project that can be both cute and useful for a newborn baby. Seasoned knitters will be able to turn this pattern out very quickly. This is the first knitting pattern I have drafted on my own. Email christibale@gmail.com with any questions, revisions or problems.

You can put either side of the sleep sack on the baby. When newborn, the drawstring can be pulled all the way closed and completely enclose the feet. When the baby is older, the drawstring can be tied around the waist with the feet exposed.

Sleep sacks should be made of at least 80% wool yarn, and when done so will be almost bullet-proof.

Gauge is not super important in this pattern. As long as you use worsted weight yarn, you should get something that will work from 0-5 months. My gauge for this pattern was 5 stitches per inch.

I used sizes 3 and 7 circular needles for this pattern.

1. Cast on 80 stitches on size 3 needles using long tail cast on.
2. Join circle being careful not to twist stitches.
3. Work 4 inches of K2P2 ribbing
4. Switch to size 7 needles
5. Work 8 more inches in stockinet stitch
6. Work 2 inches in K3P2 ribbing.
7. Bind off using any stretchy bind off method
8. Knit a 12 inch 3 strand I-cord and weave into middle of shorter ribbing.